

# The Science of the Art of Psychotherapy

Presented by

## Allan N. Schore, Ph.D.

UCLA David Geffen School of Medicine

July 26-27, 2010

Hotel Captain Cook  
Anchorage, Alaska

[www.captaincook.com](http://www.captaincook.com)

907-276-2211

Registration 8-9am July 26. Workshop 9-4:30 July 26-27

This workshop is held in facilities which are in compliance with the American with Disabilities Act. Please contact Barton S. Sloan if special accommodations are required.

12 CEU's approved for Psychologist, LCSW's, LMFT's, and LPC's.

10.75 Nursing CEU's- Course No: PD-10-002

12 EMDRIA CEU's

\*This workshop **does not require** EMDR training\*

Sponsored by Barton S. Sloan, LCSW and the Alaska Psychological Association

Online registration and further information at [alaskaworkshops.com](http://alaskaworkshops.com)

Registration by mail/fax: Barton S. Sloan, LCSW

P.O. Box 142166

Anchorage, AK 99514-2166

fax: 907-563-6546

Payments to be made out to Barton S. Sloan, LCSW

Registration **prior to July 2, 2010**: online ([alaskaworkshops.com](http://alaskaworkshops.com))- \$300.00, mail/ fax- \$325.00

Registration **July 2, 2010 and after**: online ([alaskaworkshops.com](http://alaskaworkshops.com))- \$325.00, mail/ fax- \$350.00

Refunds, minus \$30.00 administrative fee, when canceling prior to 7 days before the workshop. No refunds within 7 days of the workshop.

The Alaska Psychological Association is approved by the American Psychological Association to offer continuing education for psychologists. Barton S. Sloan, LCSW maintains responsibility for the content of this program and it's content in accordance with AK-PA and EMDRIA. This continuing education activity has been approved by the Alaska Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Dr. Allan Schore is on the clinical faculty of the Department of Psychiatry and Biobehavioral Sciences,

UCLA David Geffen School of Medicine, and at the UCLA Center for Culture, Brain, and Development. He is author of three seminal volumes, [Affect Regulation and the Origin of the Self](#), [Affect Dysregulation and Disorders of the Self](#) and [Affect Regulation and the Repair of the Self](#), as well as numerous articles and chapters. His Regulation Theory, grounded in developmental neuroscience and developmental psychoanalysis, focuses on the origin, psychopathogenesis, and psychotherapeutic treatment of the early forming subjective implicit self. His contributions appear in multiple disciplines, including developmental neuroscience, psychiatry, psychoanalysis, developmental psychology, attachment theory, trauma studies, behavioral biology, clinical psychology, and clinical social work. His groundbreaking integration of neuroscience with attachment theory has led to his description as "the American Bowlby" and with psychoanalysis as "the world's leading expert in neuropsychology."

In 3 volumes, *Affect Regulation and the Origin of the Self* (1994), *Affect Dysregulation and Disorders of the Self* (2003), and *Affect Regulation and the Repair of the Self* (2003) and numerous articles and chapters, Dr. Allan Schore has documented the significant advances that have been made in our understanding of early human development and in the application of this developmental information to models of psychopathogenesis and psychotherapy.

In this 2 day workshop, offered as a PowerPoint presentation and an ongoing dialogue with the audience, he will initially discuss current models of the neurobiology of attachment, detailing the positive impact of early interactively regulated bodily-based affective communications on the organization of the infant's developing right brain, which for the rest of the life span is dominant for the processing of emotions and intersubjectivity. He will also characterize the neurobiological mechanisms that underlie intersubjective resonance, nonverbal communication, and projective identification. Dr. Schore will then describe the negative impact of relational trauma on the developmental trajectory of the right brain and model the intergenerational transmission of a predisposition to attachment trauma-related psychopathologies of self-regulation, including posttraumatic stress disorder and borderline personality disorder in both children and adults.

In the second day Dr. Schore will apply regulation theory to the change process of psychotherapy. He will describe the critical role of the right brain in implicit facial, gestural, and prosodic communications within the therapeutic alliance, in dysregulated states of affective hyper- and hypoarousal that occur in enactments, and in empathy, transference-countertransference, and affect regulation. This work suggests that interactive regulation within the therapeutic alliance is a central mechanism in the treatment of patients with a history of early relational trauma.

#### Program Objectives:

1. Participants will discuss how the attachment relationship acts to regulate the child's emotional state.
2. Participants will discuss how these interactions influence the experience-dependent maturation of the infant's right hemisphere which is dominant for processing social and emotional information.
3. Participants will recognize how a history of early relational trauma severely alters attachment dynamics, right brain neurobiology and generates a predisposition for defensive pathological dissociation.
4. Participants will discuss how the regulation model applies to the attachment relationship embedded in the therapeutic alliance, and the interpersonal neurobiology of dissociation, empathy and transference-countertransference interactions between patient and therapist.

Go to [alaskaworkshops.com](http://alaskaworkshops.com) for online registration, further workshop and hotel information.

Registration by Mail/Fax:

**The Science of the Art of Psychotherapy Allan N. Schore, Ph.D. July 26-27, 2010**

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Name: \_\_\_\_\_ Degree/License \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

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Name on Card: \_\_\_\_\_ Billing Zip Code: \_\_\_\_\_

Completion of **EMDR training** required to receive **EMDRIA** credits. Training completed: Yes No  
**Non-EMDR** trained clinicians **will receive CEU's** from their respective disciplines.