

Teaching mental health colleagues how their own attachment strategies may distort their clinical responses and judgements, by using video clips portraying child abuse.

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# 20 long years!

5000 dyads/triads/families

# Marketing a paradigm shift

Teaching the converted - older experienced family therapists

Large group teaching - social workers ~ 500

mental health practitioners ~ 2000

health visitors ~ 50

paediatric staff ~ 500

family legal ~ 200

# Marketing a paradigm shift

- Small group teaching

medical students ~ 500-750

nursing students ~ 250

health visitors ~ 100

CAMHS team members ~ 500

# Results

- 1 board member IASA (and all those subsequently connected with DMM- includes 2 researchers)
- 3 (taken DMM assessment training)
- 10 attendees Attachment and psychopathology courses
- 1 judge adopted DMM model as up to date model of psychopathology

# Who missed

- For me I do not need to know more about attachment because
- 1. I am never going to be doing and AAI (psychologists)
- 2. I already learned a lot about that in my training- 'secure-insecure..'
- 3. I don't deal with children (adult psychiatrists)



DISTURBING

ANGRY

OK BECAUSE EM BEZ WE'VE SEEN IT.

SCARY

CHILD ABUSE

HAD TO LOOK AWAY SAD.

IN GENERAL WE'RE NOT DOING ENOUGH

HOW DID THEY KNOW - WHAT MA P.T.

I FOUND THAT HARD TO WATCH

I GUESS WATCHING IT YOU FEEL HELPLESS

MADE MY STOMACH CHURN - I FOUND THAT REALLY HARD

I WONDER IF THEY DIDN'T GO ST AWAY ∴ STUDY

SORT OF MAKES YOU REALISE WHY KIDS DYING WHAT WAS SHE THINKING

I'M ANGRY AT THE MUM

WELL CHILD COULD HAVE DIED

# Comments

Disturbing

Child abuse

Scary!

How did they know what  
mother's to video?

I found that hard to watch-  
made my stomach churn

I wonder if they didn't go in  
st away because it was a  
study (analytical)

What was she thinking

OK because em because we've  
seen it

In general we're not doing enough

Well-child could have died



# Comments

A bit difficult

A little bit difficult  
I found that difficult  
It's difficult when you  
see it  
I suppose that was  
necessary (filming)

A 'tad' uncomfortable

F-cking hell!

It didn't happen-that was  
acted somehow.

# Review the purpose

- To point out the different reactions
- If discrepancy in reactions- which is 'best'
- If discrepancy in reactions-which is the most accurate
- Remind/inform colleagues that they have different dispositions to react-they have an attachment strategy that changes even distorts reactions

# Senior practitioners

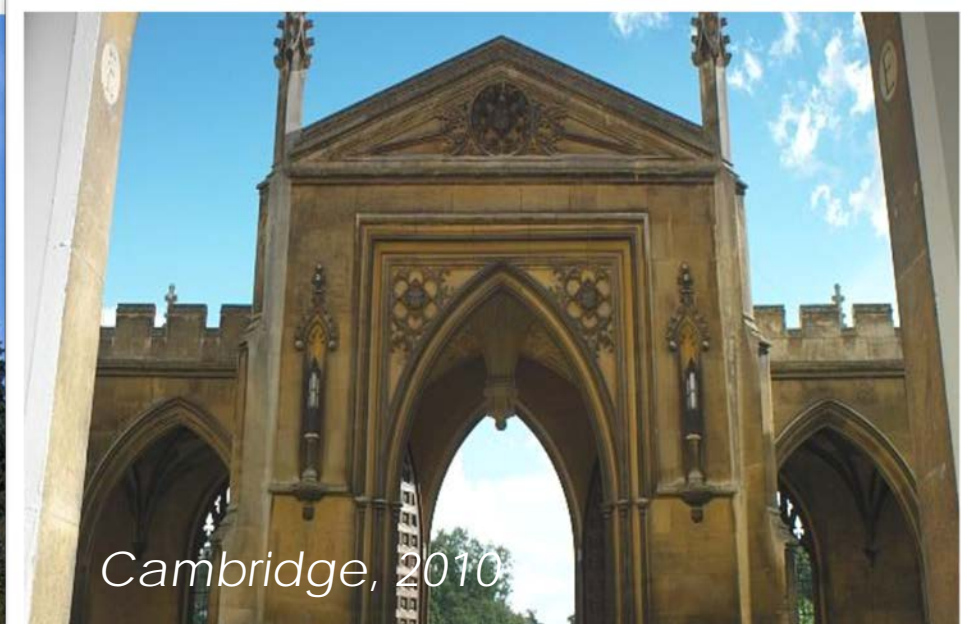
- Note overwhelming denotative language-analytical, diminishing or dismissing image
- Most therapists are A's (Lambruschi)
- Close with anecdote re Victoria Climbié and the danger of not noticing your own disposition when faced with significant distress







*Bertinoro, 2008*



*Cambridge, 2010*

To download program materials, click here  
<https://www.iasa-dmm.org/iasa-conference/>



*Frankfurt, 2012*



*Miami, 2015*